LIFT Core Competency Seminars

The LIFT (Leadership and Integration in Faculty Transitions) Core Competency Seminar Series fosters skills to facilitate the success, empowerment, and satisfaction of individual faculty, while enabling and informing their contributions to their departments, disciplines, and other forms of academic community.

The LIFT Core Competency Seminars are open to all University of Michigan tenured or tenure track faculty on a first-come-first-served basis (Registration is required).

2015-2016 LIFT Core Competency Seminar Series

Work-Life Integration: Making it Work
(Kelly Ward, Washington State University)
Tuesday, March 8, 2016, 2:00pm-4:00pm
Michigan League, Henderson Room

This seminar focuses on integrating work and life (broadly defined) as part of overall work expectations, especially for those considering academic administration. It will cover a variety of work-life balance topics, including family in all of its manifestations (i.e., having children, caring for aging parents, adult children, and even just a personal life) and discuss cultural influences and how people integrate the two. Participants will have the opportunity to look at cases and can also work on their own schema for managing work and life.

Managing Time Across Multiple Universes: The Life of an Academic
(Diana Kardia, Kardia Group)
Tuesday, April 19, 2016, 2:30pm-4:00pm
Michigan Union, Anderson Room D

Being an academic is a meta-profession, requiring expertise in multiple worlds, each with its own expectations, activities, and skill sets. Time must be managed both within and between these worlds and accomplishing this feat can feel like trying to defy the space-time continuum. Meanwhile, email, administrative duties, funding challenges and other realities seem to be accelerating the spin, threatening to overcome gravity. This seminar looks at innovative ways to apply the principles of time management within the challenges of an academic environment, with guidance about how to create a uniquely individual and academia-tailored approach to getting things done.

For more information or to register for a seminar, contact Wendy Ascione-Juska at wascione@umich.edu or 734.763.8706.